CLAIMS:

1. A communications protocol for use in a network of devices, the protocol having a frame including a first time slot for transmitting data, a second time slot, after the first time slot, for transmitting a first acknowledgement state, and a third time slot, after the second time slot, for transmitting a second acknowledgement state.

2. A communications protocol according to claim 1 wherein the first acknowledgement state is a positive acknowledge and the second acknowledgement state is a negative acknowledge.

3. A communications protocol according to claim 2 wherein the first time slot is variable in length and the second and third time slots are fixed in length.

4. A communications protocol according to claim 2 wherein the positive acknowledge includes the transmission of a specific coded value containing sufficient redundancy to allow it to be recovered in the presence of received errors and the negative acknowledge includes the transmission of a specific coded value containing sufficient redundancy to allow it to be recovered in the presence of received errors.

5. A radio communication system including a transceiver/transmitter and at least two transceiver/receivers, wherein the transceiver/transmitter transmits data in a first time slot to the transceiver/receivers and wherein upon receipt of the data, each of the transceiver/receivers return either a first acknowledgement state in a second time slot, after the first time slot, or a second acknowledgement state in a third time slot after the second time slot.

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6.　A radio communication system according to claim 1 wherein the first acknowledgement state is a positive acknowledge and the second acknowledgement state is a negative acknowledge.

5　7.　A radio communications system according to claim 6 wherein the first time slot is variable in length and the second and third time slots are fixed in length.

8.　A radio communication system according to claim 7 wherein each transceiver
10　monitors the transmission medium during any time slots during which each respective transceiver is not transmitting.

9.　A radio communication system according to claim 8 wherein upon each transceiver/receiver detecting a correctly coded transmission in the negative
15　acknowledge time slot, each transceiver/receiver discards the data previously received in the first time slot.

10.　A radio communication system according to claim 9 wherein upon detecting a correctly coded transmission in the negative acknowledge time slot, the
20　transceiver/transmitter retransmits the data to each of the transceiver/receivers.

11.　A transceiver/receiver for use in a radio communication system including at least one transceiver/transmitter and at least one other transceiver/receiver,
25　in use, the transceiver/receiver upon receiving a data packet in a first time slot from the transceiver/transmitter either transmits a first acknowledgement state in a second time slot, after the first time slot, or transmits a second acknowledgement state in a third time slot, after the second time slot.

12.   A transceiver/receiver according to claim 11 wherein the transceiver/receiver
       further receives the first acknowledgement state in the second time slot from
       the at least one other transceiver/receiver in the communication system or
       receives the second acknowledgement state in the third time slot from the at
5   least one other transceiver/receiver in the communication system.

13.   A transceiver/receiver according to claim 12 wherein the first
       acknowledgement state is a positive acknowledge, and the second
       acknowledgement state is a negative acknowledge.

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14.   A transceiver/receiver according to claim 13 wherein the transceiver/receiver
       monitors the communications medium during a time slot during which the
       transceiver/receiver is not transmitting.

15   15.   A transceiver/receiver according to claim 11 wherein upon receiving a
       negative acknowledge from the at least one other transceiver/receiver, the
       transceiver/receiver discards the data packet received in the first time slot.

16.   A transceiver/receiver according to claim 15 wherein the discarded data is
20   replaced with data retransmitted by the transceiver/transmitter.

17.   A transceiver/transmitter for use in a communication system including at
       least one other transceiver/receiver, wherein in use, the transceiver/receiver
       transmits a data packet in a first time slot to the at least one
25   transceiver/receiver and receives either a first acknowledge state in a second
       time slot after the first time slot from one or more of the transceiver/receivers
       or receives a second acknowledgement state in a third time slot after the
       second time slot from at least one of the transceiver/receivers.

18.   A transceiver/transmitter according to claim 17 wherein the first
        acknowledgement state is a positive acknowledge and the second
        acknowledgement state is a negative acknowledge.

5   19.   A transceiver/transmitter according to claim 18 wherein the
        transceiver/transmitter monitors the communications medium during a time
        slot during which the transceiver/transmitter is not transmitting.

20.   A transceiver/transmitter according to claim 19 wherein upon receiving a
10   negative acknowledge, the transceiver/transmitter retransmits the data to the
        at least one transceiver/receiver.

21.   In a wireless network including a transceiver/transmitter and at least two
        transceivers/receivers, a method of disseminating data to be shared by the at
15   least two transceiver/receivers, the method including:
                Transmitting from the transceiver/transmitter, the data to the at
            least two transceiver/receivers;
                Upon unsuccessfully receiving the data at at least one of the at
            least two transceiver/receivers, transmitting negative acknowledge
20   data to indicate unsuccessful receipt of the data;
                Retransmitting the data from the transceiver/transmitter; and
                Replacing the data received by the plurality of transceiver/
            receivers with the retransmitted data.

25 22.   A method according to claim 20 wherein the negative acknowledge data is
        also received by the transceiver/transmitter.

23.   A method according to claim 21 wherein upon receiving the negative
        acknowledge, the other transceiver/receivers discard the data received from
30   the transceiver/transmitter before receiving the retransmitted data.

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24. A method according to claim 21 wherein the step of transmitting data is done in a first time slot, the step of transmitting the negative acknowledge is done in a second time slot and the step of retransmitting is done in a third time slot.

5   25. A method according to claim 23 wherein upon successful receipt of data, the transceiver/receiver transmits a positive acknowledge.

26. A method according to claim 25 wherein the step of transmitting the positive acknowledge is done in an additional time slot between the first and the

10   second time slot.

27. A method of providing a marker in a data time frame, the method including:
   encoding data bits at a particular point in a data sequence to provide states;

15   generating a state combination that is an illegal combination;
   recognising that illegal combination as a marker.

28. A method according to claim 27 wherein the encoding used is Manchester coding.

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29. A method according to claim 27 wherein a dc balance in the transmission is preserved.

30. A method according to claim 28 wherein the illegal combination commences

25   with a state pair of OFF, OFF, or ON, ON.